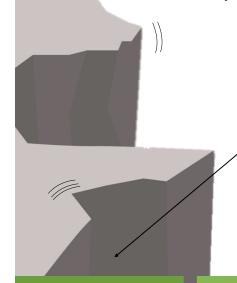


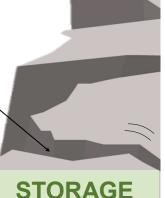
EMERGENCY FOOD SUPPLY

STORE IT NOW! DON'T WAIT FOR AN EMERGENCY

In an emergency, like a large magnitude earthquake, food suppliers such as grocery stores may sustain heavy damage and might not be available for several days.







FOOD

Keep at least a 3 day supply of shelf stable items such as: energy bars, high protein snacks, canned food, and freeze dried or dehydrated meals.



WATER

Reserve 2 gallons of water per person, per day, for at least 3 days. Store in a sealed and clean container in a cool/dry place.



TOOLS

Keep a manual can opener and hand sanitizer handy. Ensure a set of clean utensils are available and even a camping stove with fuel if desired.



Store all items in covered storage bins off the floor. Make sure they are located in an area that is cool and dry. Rotate food items at least once a year.





If perishable foods lose refrigeration and become warm, DO NOT USE. Bacteria grow very rapidly without refrigeration.



If cans have been damaged and are swollen, bloated, or leaking-

DISCARD!



DO NOT USE food from open containers where broken glass is present or household chemicals have spilled.